

3MT Preparation Resources

Rules

Before you start work on your slide, please keep the following rules in mind:

1. **One single static PowerPoint slide** is permitted.
2. **No slide transitions, animations, or movement** of any description are allowed.
3. Your slide will be presented **from the beginning of your oration**.
4. **No additional electronic media** (e.g., sound or video files) are allowed.

Suggestions for an Effective Slide

- **Less is More:** Avoid overwhelming your audience with too much text or complicated graphics. You want them to focus on your presentation.
- **Personal Touches:** Adding personal elements can help convey the impact of your research.
- **Creativity Drives Interest:** Your slide should complement your presentation—not convey your entire message.
- **Work Your Message:** Consider using metaphors or visuals that help explain your research effectively.
- **Keep It Clear and Concise:** A clear and engaging visual presentation can make a significant difference. Make sure your slide is easy to read and supports your narrative.

Additional Resources

Remember, 3MT is a **research communication competition**, where you'll be judged on how well you communicate your research to a **non-specialist audience**. For more help, check out these 3MT resources:

Video Resources

[How to Present Your Thesis in 3 Minutes \(series\)](#)

[Videos of Winning Presentations from Around the World](#)